



## Seminar programme

**Seminar-No 25 | 12** 

### **ASP Instructor Course**

25.04. - 27.04.2025









Die Gesellschaft der Europahäuser und Europäischen Akademien e.V. ist anerkannter Träger der bpb. Der Unterträger IBZ Schloss Gimborn e.V. ist Mitglied der GEEA.









#### **Content**

The ASP Instructor Certification program (AIC) is a hands-on seminar, which trains participants to instruct classes in the operational use of the ASP tactical baton and handcuffs. It provides efficient defensive impact weapon and restraint tactics for personnel that can be quickly learned, easily practiced, and readily maintained long after the program has been completed.

By the end of the seminar, all participants will be qualified and prepared to instruct other personnel in the operational use of the ASP baton and handcuffs. This is a physical course, which requires a certain level of fitness and flexibility. Participants are required to take part in scenarios.

Seminar Chair: Torben Steiner, ASP Instructor Trainer, Police Headquarters Dortmund

Fees: 399 € | IPA Members 299 € (incl. Lodging and board)

For further information regarding the seminar, and the terms and conditions, please visit our website: <a href="www.ibz-gimborn.de">www.ibz-gimborn.de</a>



#### Friday:

09:00 09:30 - 16:30	Welcome by the conference center management to Gimborn, introduction of the seminar chair, and seminar agenda incorporating the opportunities to organize discussions and exchanges outside of the official seminar programme.  General housekeeping comments  Transfer to the gym  Daily session including lunch break Introduction / Registration Instruction in Technique and Drills (Baton)  Physical/Practical Session  - Stance - Combat & Interview  - Check / Redirect / Cover  - Closed Mode Strikes  - Open Mode Strikes  - Drills	Seminar chairperson Torben Steiner, ASP
16:30	Transfer back to IBZ	
17:00 - 19:00	Free time: sports activities, discussions	
19:00 – 19:45	Evening meal	



#### **Saturday:**

08:30	Transfer to the gym	
09:00 - 16:30	Daily session including lunch break Instruction in Technique and Drills (Restraints) Check / Redirect / Cover and Cease to exits Principles of Lock and Lock Principles of Pop, Place, Pull, Push Restraint drills Instruction in Technique and Drills (Flashlight) Triple P Light Check Painting Integrated Drills	Seminar chairperson Torben Steiner, ASP
16:30	Transfer back to IBZ	
18:00 – 19:45	BBQ	

# <u>Sunday</u>

08:30	Transfer to the gym	
	Daily session including lunch break:	Seminar chairperson
	Teach-Back session:	Torben Steiner, ASP
	Group Teach-Backs	
	Individual Teach-Backs	
	Written test	
	Integrated drills	
40.20	Transfer healt to ID7	
16:30	Transfer back to IBZ	
17:30 – 18:00	Distribution of feedback forms	
	Feedback on the seminar	
18:00	Departure	